

About Sjogren's (SHOW-grins)

**Sjogren's is a well-characterized disease,
NOT a vague syndrome.**

**Sjogren's is a serious, systemic disease,
NEVER "just dryness".**

Sjogren's can impact every organ and system in the body;
some manifestations of Sjogren's are life-threatening.

Sjogren's is NOT rare.

Sjogren's impacts 3-4 million people in the US
and is about 3 times as prevalent as lupus.

Sjogren's is invisible.

Most people with Sjogren's look well
and may have normal labs even when they are very sick.

Resources

Sjogren's Foundation	www.sjogrens.org
Sjogren's Advocate	www.sjogrensadvocate.com
Smart Patients	www.smartpatients.com

*Developed by the Smart Patients Sjogren's group (especially Joel).
Designed and edited by Sarah Schafer, MD and Bexi (Rebecca) Lobo, PhD.*

May 2024