

Sarah Schafer, MD
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www.SjogrensAdvocate.com

EDUCATION

UC Berkeley

BA, Biochemistry 1979

UC Berkeley

MPH, Maternal and Child Health 1985

UC Davis

MD 1985

POST-GRADUATE TRAINING

Kaiser Permanente, Oakland CA

Internship- Pediatrics 1985-1986

State of California Department of Health Services

Residency- General Preventive Medicine 1986-1987

Honors and Awards

Phi Beta Kappa, 1979

California State Graduate Fellowship, 1984

Sjögren's Syndrome Foundation Volunteer Leadership Award, April 2016

License and Certification

Medical license: State of CA, 1986

Board Certification: Public Health and Preventive Medicine, 1989

Employment History

Contra Costa County Health services, Public Health Division, 1986-2004

Medical Consultant and Clinician: Family Planning, STD, CHDP

City and County of San Francisco, 1988-1993

Medical Director Family Planning

Clinician, City Clinic of San Francisco- STD and Family Planning

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Publications

Schafer, S. Speak Out Rheum: A physician-patient's experience with Sjögren's Syndrome, *The Rheumatologist*, Nov. 2013

Denny-Garamendi C, Lopez-Rabin J, Guendelman S, Schafer, S. Developing Spanish-language family planning materials: Lessons learned from extensive field tests, *Perspectives on Sexual and Reproductive Health*, 2007, 39(3):176-180.

Articles published in Moisture Seekers, Newsletter of the Sjogren's Foundation

Nov. 2011 issue- Caring for others-and yourself- while living on the edge

Nov. /Dec. 2014 issue- How to talk with your family about Sjögren's.

Nov/Dec 2016 issue- Why doesn't my doctor understand Sjögren's?

Presentations

Guest Speaker- Radio Shows

KQED Forum: In my experience: invisible physical disabilities, 08-19-2013

WHYY, Voices in the Family: Chronic Illness, 09-22-2008

Presentations/Teaching- Clinicians and Researchers

Topics presented:

Sjogren's for Primary Care Clinician- 2013-current. Multiple dates /venues

Sjogren's Disease for ENTs- 11-13-2016, Kaiser Oakland, Head and Neck Surgery Dept.

Sjogren's Disease for Researchers- 12 -05-2016, UCSF Hyposalivation Study

Sjogren's Disease for OB/GYNs- 08-17-2017

Sicca Management for Rheumatologists - 06-12-2021, Kaiser Oakland Rheumatology Dept.

Sjogren's: The Patient Perspective- 08-17-2021, Kaiser Oakland Rheumatology Dept.

Sjogren's Disease for Ophthalmologists- 03-06-2023

Patient Conference Presentations

Introduction to Sjogren's- Virtual Sjogren's Summit, April 1-2, 2022

Sjogren's Q and A panel - Virtual Sjogren's Summit, April 1-2, 2023

Myths about Sjogren's, Q and A panel- Virtual Sjogren's Summit July 20-21, 2024

Professional Affiliations

Sjögren's Foundation (SF): Ongoing volunteer activities. Member of Sjögren's Foundation Consensus Panel for Sjögren's Clinical Practice Guidelines, Systemic, 2015, Pulmonary, 2021 and Peripheral Nervous System 2024.